Obsession Rating Scale Circle appropriate score

Item		r	lone	Mild	Moderat	te Severe	Extreme
1.	Time spent on Obsessions	0 h	rs/day	0-1 hrs/day	1-3 hrs/da	ay 3-8 hrs/day	>8 hrs/day
ď	Sco	re	0	1	2	3	4
2.	Interference from Obsessions	n n	None	Mild	Manageat	ole Severe	Incapacitating
	Sco	re	0	1	2	3	4
3.	Distress from Obsessions	1	None	Mild	Moderate	e Severe	Disabling
	Se	re	0	1	2	3	4
4.	Resistance to Obsessions (How much		lways esists	Much resistance	Some resistanc	Often e yields	Completely yields
	effort to Sco	re	0	1	2	3	4
5.	Control over Obsessions (How succssful		mplete ontrol	Much control	Moderate control	e Little control	No control
	in control? Score	re	0	1	2	3 ,-	4

Obsession subtotal (add	items	1-5)
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(How succssful in control?

Compulsion Rating Scale

Circle appropriate score

Iter	m	None	Mild	Moderate	Severe	Extreme
6.	Time spent on Compulsions	0 hrs/day	0-1 hrs/day	1-3 hrs/day	3-8 hrs/day	>8 hrs/day
	Score	0	1	2	3	4
7.	Interference from Compulsions	None	Mild	Manageable	Severe	Incapacitating
	Score	0	1	2	3	4
8.	Distress from Compulsions	None	Mild	Moderate	Severe	Disabling
	Score	0	1	2	3	4
9.	Resistance to Compulsions (How much	Always resists	Much resistance	Some resistance	Often yields	Completely yields
	effort to resist?)Score	0	1	2	3	4
10.	Control over Compulsions (How succssful	Complete control	Much control	Moderate control	Little control	No control
	in control?	0	1	2	3	4

(How succssful in control?	0	1	2	3	4		
0-7: Subclinical 8-15: Mild 16-23: Moderate Compulsion Subtotal (add items 6-10)							
24-31: Severe 32-	40: Extreme		Y-BOCS total (add items 1-10)				